

	Tue1	Wed2	Thu3	Fri4
	Turkey & Cheese Croissant -OR- Cheese Croissant Steamed Carrots Peaches 1% Milk Chocolate Milk	French Toast Sticks Chicken Sausages Syrup Cup Potato Hashbrown Roasted Chick Peas Mixed Fruit 1% Milk Chocolate Milk	Pasta & Meatballs Bread Stick Roasted Broccoli Clementine Oranges 1% Milk Chocolate Milk	-NO SCHOOL-
Mon7	Tue8	Wed9	Thu10	Fri11
-NO SCHOOL-	Popcorn Chicken Bowl Roasted Chick Peas Peaches 1% Milk Chocolate Milk	Macaroni & Cheese Soft Pretzel Roasted Cauliflower Black Bean & Corn Salad Mixed Fruit 1% Milk Chocolate Milk	Chicken & Waffles Steamed Broccoli Raisins 1% Milk Chocolate Milk	Meatball Sub Crinkle Cut Fries Fresh Garden Salad Apple Slices 1% Milk Chocolate Milk
Mon14	Tue15	Wed16	Thu17	Fri18
Baked Pasta Whole Wheat Dinner Roll Roasted Broccoli Mixed Fruit 1% Milk Chocolate Milk	Baked Chicken Drumstick Garlic Knot Mashed Potatoes Green Beans Peaches 1% Milk Chocolate Milk	Bacon Cheeseburger on Whole Wheat Roll Honey Glazed Carrots Three Bean Salad Pears 1% Milk Chocolate Milk	Nacho Meal Steamed Brown Rice Corn Fresh Local Apple 1% Milk Chocolate Milk	Chicken Caesar Wrap Potato Wedges Tomato & Cucumber Salad Orange Smiles 1% Milk Chocolate Milk
Mon21	Tue22	Wed23	Thu24	Fri25
-NO SCHOOL-	Max Stix w Dipping cup Butternut Squash Pears 1% Milk Chocolate Milk	Waffles Chicken Sausages Syrup Cup Tater Tots Roasted Chick Peas Peaches 1% Milk Chocolate Milk	Orange Chicken Whole Wheat Dinner Roll Roasted Cauliflower Clementine Oranges Fortune Cookie 1% Milk Chocolate Milk	Chicken Parmesan Sub Sweet Potato Fries Fresh Garden Salad Fresh Local Apple 1% Milk Chocolate Milk
Mon28	Tue29	Wed30		
Pasta Primavera Whole Wheat Dinner Roll Fresh Caesar Salad Peaches 1% Milk Chocolate Milk	Chicken Fajitas Steamed Brown Rice Corn Pears 1% Milk Chocolate Milk	Egg Sandwich with Sausage & Cheese Potato Smiles Roasted Chick Peas Mixed Fruit 1% Milk Chocolate Milk		

Please notify the team of any dietary restrictions:

Deli:

Salad Plates:

Pizza Bar:

Grill:

Legumes are available 2 days per week on lunch lin:

Assorted Fresh Fruits Available Daily:

Harvest of the Month: Tomatoes:

USDA is an equal opportunity provider, employer, and lender.

View more: <http://schools.mealviewer.com/school/WaylandHighSchool>

Allergen Legend

0 Milk

1 Egg

2 Peanut

3 TreeNut

4 Fish

5 Shellfish

6 Soy

7 Wheat

8 Sesame

9 Corn

10 Soybean Oil

11 Gluten

12 Wheat