

	Tue 1	Wed 2	Thu 3	Fri 4
	Popcorn Chicken Mashed Potatoes Corn Peaches 1% Milk Chocolate Milk	French Toast Sticks Chicken Sausages Tater Tots Roasted Chick Peas Mixed Fruit 1% Milk Chocolate Milk	Nacho Meal Black Bean & Corn Salad Orange Smiles 1% Milk Chocolate Milk	-NO SCHOOL-
Mon 7	Tue 8	Wed 9	Thu 10	Fri 11
-NO SCHOOL-	Max Stix w Dipping cup Steamed Cauliflower Pears 1% Milk Chocolate Milk	Breaded Chicken Patty on Whole Wheat Roll -OR- Breaded Spicy Chicken Patty w/Roll Honey Glazed Carrots Roasted Chick Peas Peaches 1% Milk Chocolate Milk	Pasta & Meatballs Whole Wheat Dinner Roll Tomato & Cucumber Salad Orange Smiles 1% Milk Chocolate Milk	Big Daddy's Pizza Fresh Caesar Salad Fresh Apple Slices 1% Milk Chocolate Milk
Mon 14	Tue 15	Wed 16	Thu 17	Fri 18
Toasted Cheese Sandwich Tomato Soup Peaches 1% Milk Chocolate Milk	Beef Patty with Cheese on Whole Wheat Roll Steamed Broccoli Mixed Fruit 1% Milk Chocolate Milk	Pancakes Chicken Sausages Syrup Cup Potato Hashbrown Roasted Chick Peas Raisins 1% Milk Chocolate Milk	Orange Chicken Whole Wheat Dinner Roll Vegetable Fried Rice Roasted Cauliflower Fresh Local Apple 1% Milk Chocolate Milk	Stuffed Crust Pizza Fresh Garden Salad Clementine Oranges 1% Milk Chocolate Milk
Mon 21	Tue 22	Wed 23	Thu 24	Fri 25
-NO SCHOOL-	Macaroni & Cheese Soft Pretzel Steamed Carrots Pears 1% Milk Chocolate Milk	Hot Dog on Whole Wheat Roll Veggie Hot Dog on Whole Wheat Roll Peas Vegetarian Beans Peaches 1% Milk Chocolate Milk	Whole Wheat Dinner Roll Mashed Potatoes Cucumber Wheels Orange Smiles 1% Milk Chocolate Milk	Round Pan Pizza Fresh Caesar Salad Fresh Local Apple 1% Milk Chocolate Milk
Mon 28	Tue 29	Wed 30		
Turkey & Cheese Deli Sandwich Mixed Fruit 1% Milk Chocolate Milk	Chicken Fajitas Steamed Brown Rice Corn Peaches 1% Milk Chocolate Milk	Yogurt Bar with Bagel Fresh Baby Carrots 1% Milk Chocolate Milk		

Please notify the team of any dietary restrictions:

Grilled Chicken Salad Plate:

Toasted Cheese Sandwich:

Sunbutter & Jelly Sandwich:

Vegetarian Salad Plate:

Veggie Burger:

Chicken Caesar Salad Plate:

Legumes are available 2 days per week on lunch lin:

Chicken Patty Sandwich:

Assorted Fresh Fruits Available Daily:

Harvest of the Month: Tomatoes:

USDA is an equal opportunity provider, employer, and lender.

View more: <http://schools.mealviewer.com/school/WaylandMiddleSchool>

Allergen Legend 0 Milk 1 Egg 2 Peanut 3 TreeNut 4 Fish 5 Shellfish 6 Soy 7 Wheat 8 Sesame 9 Corn 10 Soybean Oil 11 Gluten 12 Wheat